

Lifesaving

Lifesaving is the prime business of Surf Life Saving Australia. It is important that all junior activities members develop good skills in this area of activity, to ensure they can keep themselves safe on the beach and can be competent surf lifesavers of the future.

It has been identified that the current Surf Education Awards take an average of 10 hours (20 units). Surf Education Awards should be delivered as 10 x 1 hour sessions (10 x 2 unit sessions)

U8 – U13 Surf Education

All junior activities members U8 to U13 must complete the junior activities award respective to their age group. Most states have a completion date that awards must be completed by.

The following age groups must complete the below listed awards:

[U8 Surf Awareness 1](#)

[U9 Surf Awareness 2](#)

[U10 Surf Safety 1](#)

[U11 Surf Safety 2](#)

[U12 Surf Smart 1](#)

[U13 Surf Smart 2](#)

U14 Surf Rescue Certificate

All U14 junior activity members must complete the Surf Rescue Certificate. Most states have a completion date that awards must be completed by. **Refer Surf Life Saving Australia Training Manual**

More Information

For more information contact [SLSA](#)